

MEN'S HEALTH & EXERCISE GROUP

**DO YOU WANT TO KNOW MORE
ABOUT**

Having a healthy life?

Then come along to the **men's**
Community exercise group and
information sessions addressing
men's health and lifestyle issues

Wednesdays

7pm – 9pm

Exercise Starts 7:30

Starting February 3rd 2010

Then every Wednesday for 8 weeks.

At the Morley Recreation
Centre. Cnr Wellington Road
and Mangini Street, Morley

For more info please phone
Ahmed or Anne 9345 5755



Government of Western Australia
Department of Health



Australian Government
Department of Immigration
and Citizenship



MORLEY
SPORT AND RECREATION
CENTRE



Sharing
Support



We build strong **PEOPLE**
strong **FAMILIES** strong **COMMUNITIES**